

# 20th ANNUAL SUMMER BEACH RUN

## DATE

August 2, 2008

## TIME

8:00 a.m. – BOTH 5K & 1 MILE

## PLACE

Race starts at the War Memorial Park in Pass Christian. See map.

## PARKING

Free parking is available around the park.

## COURSE

Loop Course. Flat and Fast.

## ELIGIBILITY

The race is open to runners, joggers, race walkers, walkers, wheelchair participants of all ages and abilities.

## REGISTRATION

EARLY: Must be postmarked by July 28, 2008

LATE: Available at race site from 7 a.m. to 7:45 a.m. Saturday morning.

## ENTRY FEE

EARLY: \$12.00 GCRC Members

\$13.00 Non-Members

\$ 5.00 for Children under 12 (1 Mile)

LATE: \$15.00 for All Runners in 5K

\$ 7.00 for Children under 12 (1 Mile)

## FINISH

All runners must pass through the chute, and have the finish tab (attached to the race number) filled out in entirety to be eligible for an award.

## POST-RACE PARTY

After the run, there will be a party with music, a food variety, Michelob Ultra, and Coca-Cola soft drinks, on the park grounds.

## TANK TOPS

ALL PARTICIPANTS IN THE 5K & 1 MILE WILL RECEIVE A BEAUTIFULLY DESIGNED COMMEMORATIVE TANK TOP.

## 5K CASH AWARDS

\$150 1st Overall Male and Female

\$100 2nd Overall Male and Female

\$ 50 3rd Overall Male and Female

## TROPHIES

First 3 Overall Male & Female

First Overall Master Male & Female

First Overall Grand Master Male & Female

First 3 Race Walkers Male & Female

## TOP 3 - IN EACH AGE GROUP

MALE: 1-12, 13-18, 19-24, 25-29, 30-34,  
35-39, 40-44, 45-49, 50-54, 55-59,  
60-64, 65-69, 70 & Over

FEMALE: 1-12, 13-18, 19-24, 25-29, 30-34,  
35-39, 40-44, 45-49, 50-54, 55-59  
60 & Over

## 1 MILE WARDS

### TROPHIES

First Overall Male & Female

First 3 Overall 12 - 10 Male & Female

First 3 Overall 9 & Under Male & Female



## 20th ANNUAL SUMMER BEACH RUN - AUGUST 2, 2008

### CHECK ONE

- Pre-Register GCRC Member - \$12.00  Late/Race Day Entry - \$15.00  
 Pre-Register Non-Members - \$13.00  Under 12 in 1 Mile Run - \$7.00  
 Pre-Register Under 12 in 1 Mile Run - \$5.00

Gulf Coast Running Club Make checks payable to: Gulf Coast Running Club • P.O. Drawer 3569 • Gulfport, MS 39505 (Checks are non-refundable)

### CHECK ONE

- 5 K Run  5 K Race Walker  Small  Medium  
 1 Mile Run/Walk  Wheelchair  Large  X-Large

### T-SHIRT SIZES

G.C.R.C. MEMBER:

- YES  NO

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_

ZIP \_\_\_\_\_

SEX \_\_\_\_\_

PHONE \_\_\_\_\_

AGE ON RACE DAY \_\_\_\_\_



I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of the race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including, but not limited to: falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Gulf Coast Running Club, Inc. and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in this event. I grant permission to all of the foregoing to use any photograph, motion pictures, recording or any other record of this event for any legitimate purpose.

Date \_\_\_\_\_

Signature (Parent or Guardian if under 18) \_\_\_\_\_

# 20th Annual



Pass Christian, Mississippi

## August 2, 2008

8:00 a.m. • Both Races  
Highway 90  
Pass Christian, MS  
War Memorial Park



Gulf Coast Running Club

*For More Information Call*  
Leonard (228) 875-6855  
Ed (228) 896-8859

Announcing the 20th Annual Summer Beach 5K Bun Run - August 2, 2008. Details inside.  
For additional registration forms and race results, check our Web site:  
[www.GULFCOASTRUNNINGCLUB.org](http://www.GULFCOASTRUNNINGCLUB.org)

