

# 39th Annual MICHELOB ULTRA Gulf Coast Classic 10K & 5K Run

Saturday • April 22, 2017 • War Memorial Park • Pass Christian, MS

## GENERAL INFORMATION

\$16.00 for GCRC members postmarked by April 17  
 \$17.00, for non-members postmarked by April 17  
 \$20.00 for all, after April 17  
 \$10.00 for children

Late Registration: \$20.00  
 April 22 - 7:00 a.m. - 8:00 a.m.

\*To register for Senior Olympic 5K or 10K  
 go to: [msseniorolymp.org](http://msseniorolymp.org).

## STARTING TIME

8:00 a.m. for 10K & 5K  
 9:00 a.m. for 1 MILE KIDS RACE

## EARLY REGISTRATION

Make checks payable and mail to:  
**The Gulf Coast Running Club**  
 P.O. Drawer 3569  
 Gulfport, MS 39505

## FOR MORE INFORMATION CALL

Leonard Vergunst at (228) 380-7037

[www.msseniorolymp.org](http://www.msseniorolymp.org)  
 Lucy Bickham (228) 896-5683

## PARKING

FREE Parking is available.

## COURSE

Out and back course. Enjoy the scenic view of the Gulf of Mexico as you run along Scenic Drive in Pass Christian. USATF Certified.



## POST-RACE

After the run, there will be complimentary food, Michelob Ultra Beer (must be 21 yrs. of age), soft drinks and fruit.

## T-SHIRTS

Beautifully designed T-shirts to all G.C.C. entrants.  
 Senior Olympic runners receive different shirt.  
 To receive both shirts, pay extra \$5 on race day.

## 10K AWARDS

### Academy Sports Gift Cards

to all 10K overall categories.

**\$150** 1st Overall Male and Female  
**\$100** 2nd Overall Male and Female  
**\$75** 3rd Overall Male and Female  
**\$50** 1st Overall Masters Male & Female

**10K Trophies & 5K Medals** to the top 3 finishers  
 in the following age groups.

### MEN

12 & U 30-34 50-54  
 13-18 35-39 55-59  
 19-24 40-44 60-64  
 25-29 45-49 65-69  
 70 & Over

### WOMEN

12 & U 25-29 45-49  
 13-18 30-34 50-54  
 19-24 35-39 55-59  
 40-44 60 & Over

## 5K AWARDS

**Trophies** to the Top 3 Overall Male & Female  
**Medals** to the Top 3 Male & Female Race Walkers

## MS SENIOR OLYMPICS AWARDS

Separate awards given to Top 3 Male & Female  
 over age 50 – 5 Year age groups in both 5K & 10K

## 1 MILE AWARDS

**Trophies** to the Top 3 Overall Children  
 Male and Female, 10-12 & 9 and Under

Scissors icon and text: Detach Completed Entry Form Here

# The 2017 Gulf Coast Classic 10K & 5K Run

## CHECK ONE

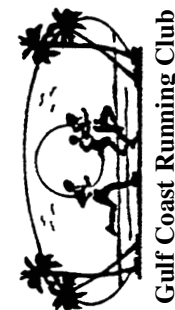
- 10K Run  
 5K Run

- 1 Mile Kids  
 5K Race Walker

[www.RacesOnline.com](http://www.RacesOnline.com)

- Make checks payable to:  
 Gulf Coast Running Club  
 P.O. Drawer 3569  
 Gulfport, MS 39505  
 (Checks are non-refundable)

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_  
 Address \_\_\_\_\_ Telephone \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Sex \_\_\_\_\_ Age on Race Day \_\_\_\_\_  
 Email \_\_\_\_\_



G.C.R.C. MEMBER:

- YES  NO



I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including, but not limited to: falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Gulf Coast Running Club, Inc., the Federal Government, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recording or any other record of this event for any legitimate purpose.

Date \_\_\_\_\_ Signature (Parent or Guardian if under 18) \_\_\_\_\_

Gulf Coast Running Club  
P.O. Drawer 3569  
Gulfport, MS 39505





**39TH ANNUAL**

**Gulf Coast Classic**

**10K & 5 K**



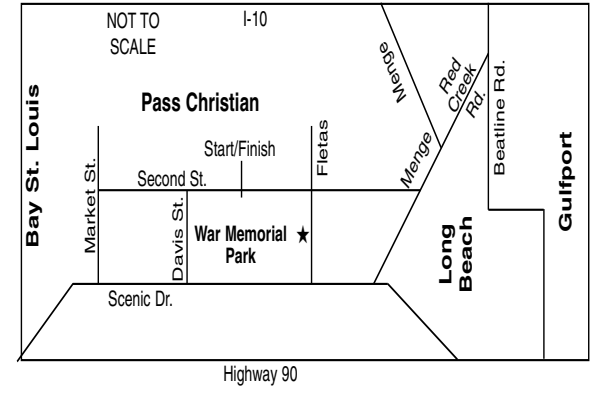
**& MS SENIOR OLYMPICS**

**SATURDAY,  
APRIL 22, 2017**

**War Memorial Park  
Pass Christian, MS**

## How To Find the Race

← Long Beach Gulfport Biloxi →



### Gulf Coast Classic 10K (Men) Winners:

|      |                  |       |      |                   |       |
|------|------------------|-------|------|-------------------|-------|
| 1979 | Richard Mantooth | 33:14 | 1998 | Everett Whiteside | 31:04 |
| 1980 | Mike Heath       | 30:22 | 1999 | Rudolf Jun        | 31:47 |
| 1981 | Vic Holman       | 33:36 | 2000 | Yousri Elmejdoubi | 31:59 |
| 1982 | Desmond O'Connor | 30:45 | 2001 | Everett Whiteside | 30:46 |
| 1983 | Desmond O'Connor | 30:37 | 2002 | Yousri Elmejdoubi | 31:00 |
| 1984 | Desmond O'Connor | 30:35 | 2003 | Kemei Kipkono     | 31:08 |
| 1985 | Mike Mullen      | 30:54 | 2004 | Yousri Elmejdoubi | 30:23 |
| 1986 | Ian Wilkinson    | 30:25 | 2005 | Rocky Silva       | 34:54 |
| 1987 | Mike Mullen      | 31:59 | 2006 | Bryan Smith       | 35:20 |
| 1988 | Mike Mullen      | 30:39 | 2007 | Max Lemons        | 35:52 |
| 1989 | Sabastian Junger | --    | 2008 | Gilbert Liptoo    | 32:01 |
| 1990 | Jack Ditt        | 31:14 | 2009 | Richard Ondimu    | 32:10 |
| 1991 | David Keen       | --    | 2010 | Kyle Lewis        | 31:50 |
| 1992 | Todd Wells       | 30:40 | 2011 | Vincent Rono      | 33:39 |
| 1993 | Mike Mullen      | 31:11 | 2012 | William Swick     | 36:12 |
| 1994 | Tom McGrath      | 31:04 | 2013 | Micah Tirop       | 32:45 |
| 1995 | Reuben Njau      | 31:03 | 2014 | Leonard Vergunst  | 37:49 |
| 1996 | Drew Prisner     | 31:33 | 2015 | Brennan Barlow    | 36:09 |
| 1997 | Chuck Engle      | 32:16 | 2016 | Gerard Jarvis     | 36:39 |

### Gulf Coast Classic 10K (Women) Winners:

|      |                   |       |      |                   |       |
|------|-------------------|-------|------|-------------------|-------|
| 1979 | Sally O'Neal      | 41:59 | 1998 | Alice Snoot       | 38:37 |
| 1980 | Laura Heath       | 38:06 | 1999 | Sherrie Keim      | 37:37 |
| 1981 | Kathy Bressler    | 38:08 | 2000 | Kristin Vergunst  | 45:21 |
| 1982 | Patti Harris      | 41:58 | 2001 | Connie Robertson  | 38:09 |
| 1983 | Ginny Hornberger  | 39:57 | 2002 | Jessica Tranchina | 39:12 |
| 1984 | Barbara Ross      | 42:24 | 2003 | Connie Robertson  | 38:54 |
| 1985 | Marie Ishee       | 42:12 | 2004 | Connie Robertson  | 39:57 |
| 1986 | Ginny Hornberger  | 37:19 | 2005 | Connie Robertson  | 39:24 |
| 1987 | Charlene Locklear | 38:08 | 2006 | Connie Robertson  | 42:20 |
| 1988 | Lori Lazzari      | 37:47 | 2007 | Jennifer Plante   | 42:26 |
| 1989 | Lisa Reed         | --    | 2008 | Sheryl Chatfield  | 41:36 |
| 1990 | Lisa Presedo      | 34:39 | 2009 | Anna Hallex       | 38:46 |
| 1991 | Lisa Presedo      | --    | 2010 | Leah Watters      | 38:58 |
| 1992 | Lisa Presedo      | 36:37 | 2011 | Leah Watters      | 39:03 |
| 1993 | Susann Pierce     | 38:12 | 2012 | Leah Watters      | 38:15 |
| 1994 | Keri Ange         | 35:50 | 2013 | Jacqueline Sasaki | 38:48 |
| 1995 | Keri Ange         | 37:03 | 2014 | Leah Watters      | 41:18 |
| 1996 | Susan Maloy       | 36:25 | 2015 | Megan Davis       | 44:26 |
| 1997 | Stacey Mosely     | 38:07 | 2016 | Meggan Franks     | 38:04 |

For Additional Applications or Race Results

Check Our Website:

[www.GulfCoastRunningClub.org](http://www.GulfCoastRunningClub.org)