



13TH ANNUAL RUN FOR RELIEF 5K

MAY 6, 2017 AT 8:00AM

AT RUN-N-TRI IN GULFPORT

9138 CARL LEGETT RD, GULFPORT

PRE-REGISTRATION FEE: \$15

www.racesonline.com

RACE DAY REGISTRATION FEE: \$20

(COTTON T-SHIRT SIZE GUARANTEED FOR ALL PRE-REGISTERED RUNNERS)

**MAKING A DIFFERENCE
FOR SAILORS, MARINES
AND THEIR FAMILIES**

www.nmcrsfunddrive.org/gulfport

***FASTEST THREE PERSON
MILITARY TEAM TAKES HOME
THE CHALLENGE TROPHY!***

AWARDS:

MILITARY TEAM CHAMPIONS

(ELIGIBLE FOR INDIVIDUAL AWARDS ALSO)

OVERALL MALE/FEMALE

MASTERS MALE/FEMALE

GRANDMASTERS MALE/FEMALE

SENIOR MALE/FEMALE

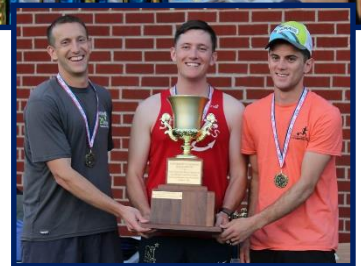
USUAL AGE GROUP AWARDS – 3 DEEP

OVERALL MALE/FEMALE RACEWALKER

Timing provided by: Gulf Coast Running Club

USAT Certified Course MS12011MS

gulfport@nmcrs.org for more info



Complete and Mail with Registration Fee:

NMCRS

5301 Snead St, Gulfport MS 39501

Pre-registration \$15.00

Or register online at racesonline.com

Race Day Registration \$20.00

NAME: _____ AGE: _____ BIRTHDATE: _____ SEX: M F

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ EMAIL: _____

MILITARY TEAM: Team Mates _____

T-Shirt Size (circle one): CM (children's medium) _____ Adult S _____ M _____ L _____ XL _____ XXL _____

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of the race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including, but not limited to: falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Gulf Coast Substance Abuse Task Force and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in this event. I grant permission to all of the foregoing to use any photograph, motion pictures, recording or any other record of this event for any legitimate purpose.

SIGNATURE: _____ DATE: _____