

29th ANNUAL SUMMER BEACH RUN



DATE
August 5, 2017

TIME
8:00 a.m. – 5K
8:45 a.m. – 1 MILE

PLACE

Race starts at the War Memorial Park in Pass Christian. See map.

PARKING

Free parking is available around the park.

COURSE

Flat and Fast loop course.
USATF Certified MS11013MS

ELIGIBILITY

The race is open to runners, joggers, race walkers, walkers, wheelchair participants of all ages and abilities.

REGISTRATION

EARLY: Postmarked by Aug. 1st
LATE: Available at race site from 7 a.m. to 7:45 a.m. Saturday morning.

ENTRY FEE

EARLY: \$16.00 GCRC Members
\$17.00 Non-Members
\$10.00 for Children under 12 (1 Mile)
LATE: \$20.00 for All Runners in 5K
\$15.00 for Children under 12 (1 Mile)

POST RACE PARTY

Pizza, fruit, soda, and beer after the race.

SHIRTS

ALL PARTICIPANTS IN THE 5K & 1 MILE WILL RECEIVE A BEAUTIFULLY DESIGNED TANK TOP SHIRT.

5K CASH AWARDS

\$150 1st Overall Male and Female
\$100 2nd Overall Male and Female
\$ 50 3rd Overall Male and Female

TROPHIES

First 3 Overall Male & Female
First Overall Master Male & Female
First Overall Grand Master Male & Female
First Overall Seniors Male & Female
First 3 Race Walkers Male & Female

TOP 3 - IN EACH AGE GROUP

MALE: 1-12, 13-18, 19-24, 25-29, 30-34,
35-39, 40-44, 45-49, 50-54, 55-59,
60-64, 65-69, 70 & Over
FEMALE: 1-12, 13-18, 19-24, 25-29, 30-34,
35-39, 40-44, 45-49, 50-54, 55-59
60 & Over

1 MILE WARDS

TROPHIES

First 3 Overall age 12 - 10 Male & Female
First 3 Overall 9 & Under Male & Female



29th ANNUAL SUMMER BEACH RUN - AUGUST 5, 2017



CHECK ONE

- Pre-Register GCRC Member - \$16.00 Late/Race Day Entry - \$20.00
 - Pre-Register Non-Members - \$17.00 Under 12 in 1 Mile Run - \$15.00
 - Pre-Register Under 12 in 1 Mile Run - \$10.00
- Make checks payable to: Gulf Coast Running Club • P.O. Drawer 3569 • Gulfport, MS 39505 (Checks are non-refundable)

CHECK ONE

- 5 K Run 5 K Race Walker Small Medium Child Medium
- 1 Mile Run/Walk Wheelchair Large X-Large

T-SHIRT SIZES

REGISTER ONLINE AT WWW.RACESOLINE.COM

G.R.C. MEMBER:
 YES NO

NAME _____ **DATE OF BIRTH** _____

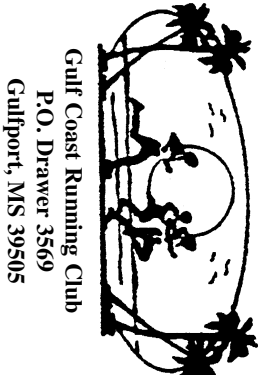
ADDRESS _____ **PHONE** _____

CITY _____ **STATE** _____ **ZIP** _____ **SEX** _____ **AGE ON RACE DAY** _____

EMAIL _____

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of the race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including, but not limited to: falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Gulf Coast Running Club, Inc. and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of or my participating in this event. I grant permission to all of the foregoing to use any photograph, motion pictures, recording or any other record of this event for any legitimate purpose.

Date _____ **Signature (Parent or Guardian if under 18)** _____

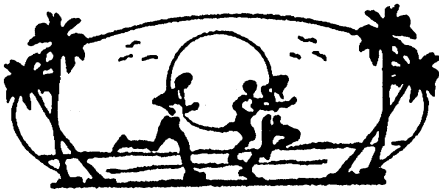


Pass Christian, MS 2017

Pass Christian, Mississippi

August 5, 2017

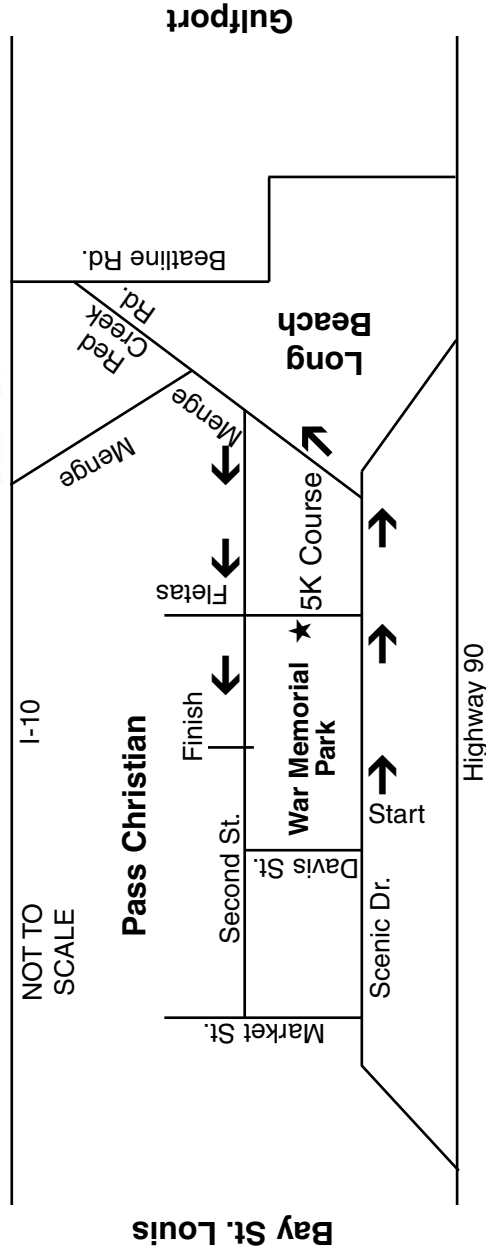
8:00 a.m.
Highway 90
Pass Christian, MS
War Memorial Park



Gulf Coast Running Club

For More Information Call
Leonard (228) 380-7037

www.gulfcoastrunningclub.org



Announcing the 29th Annual Summer Beach 5K Run - August 5, 2017 Details inside.
For additional registration forms and race results, check our Web site:
www.gulfcoastrunningclub.org