

THE GULF COAST RUNNING CLUB INVITES YOU TO THE 37TH ANNUAL

PASS TO THE BAY

10K & 1 Mile Christmas Run/Walk SATURDAY, DECEMBER 15, 2018

Highway 90 & Davis Avenue
(AT WAR MEMORIAL PARK)
PASS CHRISTIAN, MS



Gulf Coast Running Club

STARTING TIME

9:00 A.M. 10K - Pass Christian
10:30 A.M. 1 MILE - Bay St. Louis

REGISTRATION

EARLY: Registration by mail must be postmarked by December 10.

LATE: 10K registration starting at 8 A.M. at War Memorial Park in Pass Christian.

Custom designed long sleeve T-shirts after race.

ENTRY FEE

EARLY: \$16.00 for GCRC
\$17.00 for Non-Members
\$10.00 for children age 12 & under 1 M
RACE DAY: \$20.00 for all runners in 10K

COURSE

USATF Certified - MS11038MS

The 10K race is an accurately measured point-to-point course that begins at the War Memorial Park in Pass Christian and finishes at Subway in Bay St. Louis. The 1 Mile Health Run/Walk starts and finishes at Subway beginning at 10:30 a.m.

TRANSPORTATION

Carpooling is the method of transportation back to the starting area, as many people also park at the finish by Subway.

LONG SLEEVE T-SHIRTS

Beautiful Christmas designed shirts.
Runners will receive shirts at the finish line.

POST RACE PARTY

Subway sandwiches, fruit, donuts, beer, cold drinks,
Christmas music, and an extra free shirt.

10K AWARDS

First 3 Overall Male & Female
First Overall Master Male & Female
First Overall Grand Master Male & Female
First Overall Seniors Male & Female

AWARDS - Top 3 in Each Age Group

Male: 12 & Under, 13-18, 19-24, 25-29, 30-34,
35-39, 40-44, 45-49, 50-54, 54-59, 60-64,
65-69, 70 and Over
Female: 12 & Under, 13-18, 19-24, 25-29, 30-34,
35-39, 40-44, 45-49, 50-54, 55-59, 60 &
Over

First Three Male and Female Race Walkers
First Three Male & Female Wheelchair Finishers
1st, 2nd, 3rd, Child 12 & Under . . . Male & Female
in the 1 mile race. Age 10-12 and 9 & Under.

RACE RESULTS

For complete race results or for additional entry forms,
go to www.GULFCOASTRUNNINGCLUB.org
For more info 228-380-7037.

THE 2018 PASS TO THE BAY 10K RUN & 1 MILE RUN/WALK



Gulf Coast Running Club

CHECK ONE

- 10-K Run 1 Mile Run/Walk
 10-K Racewalker Wheelchair

www.racesonline.com

T-SHIRT SIZES

- Small Medium
 Large X-Large
 Child Medium

Make checks payable to:

Gulf Coast Running Club
P.O. Drawer 3569
Gulfport, MS 39505
(Checks are non-refundable)

G.C.R.C. MEMBER:

YES NO

Name _____ Date of Birth _____

Address _____ Telephone _____

City _____ State _____ Zip _____ Sex _____ Age on Race Day _____

Email _____

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Gulf Coast Running Club, Inc., and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recording or any other record of this event for any legitimate purpose.



Date _____

Signature (Parent or Guardian if under 18) _____