



# THE 30TH ANNUAL 2019 WOOLMARKET DUATHLON SERIES



**SATURDAY, APRIL 6**  
8:00 A.M.  
**5K + 11 Mile Bike**

**SATURDAY, MAY 25**  
8:00 A.M.  
**2 Mile Run + 11 Mile Bike  
+ 2 Mile Run**

**SATURDAY, JUNE 22**  
8:00 A.M.  
**3 Mile Run + 11 Mile Bike  
+ 1 Mile Run**

### LOCATION:

The races all start 7 miles north of Biloxi 110 which now becomes Hwy. 67. Look for RACE signs and arrows to direct you to the Woolmarket North Elementary School on old Woolmarket Road.

### COURSE:

The run is out and back. The bike is a 11 mile loop. Both offer a hilly challenge. No Drafting allowed. Bike helmet is required.

### REFRESHMENTS:

Kentwood Springs Water, cold drinks, cookies, and watermelon.

### TANK TOPS:

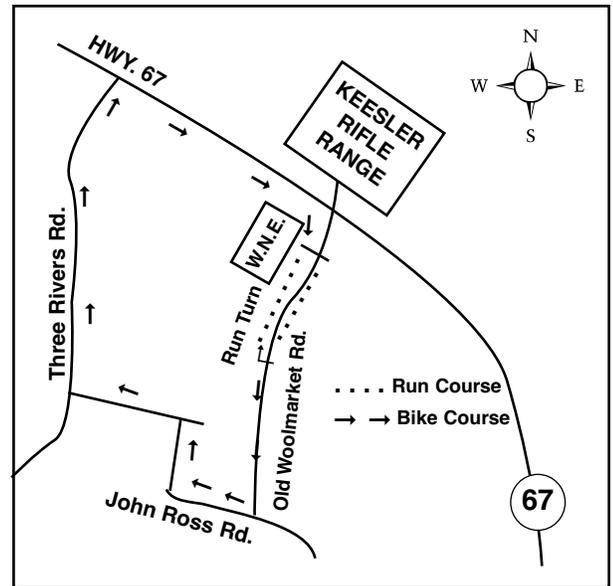
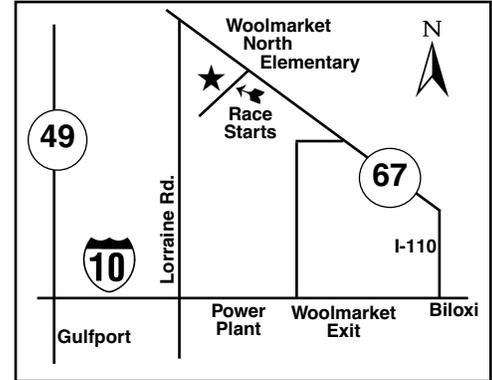
All registered duathletes will receive a colorful Woolmarket Duathlon series tank top (unless a no shirt option applies).

### ENTRY FEE:

\$20 Race Day Registration ONLY - \$15 No Shirt Option  
There will be no pre-registration for duathlon race.

### AWARDS:

Biking trophies awarded to the 1st (3) overall finishers Male and female. Also to the 1st overall Masters, 1st Grand Masters, & 1st Seniors, male and female. Age award trophies to the 1st three finishers in each of the following age groups, male and female:  
<18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-over (65-69, 70-over, males)  
Mountain Bike Class: 1st three finishers awarded. Male & Female.



For Information, Contact  
**Leonard Vergunst 228-380-7037**

Additional registration forms, complete results, and pictures can be found at: [www.gulfcoastrunningclub.org](http://www.gulfcoastrunningclub.org)

## 2019 WOOLMARKET DUATHLON SERIES

In consideration of the acceptance of this application form, I the undersigned, intending to be legally bound, do hereby for myself, my heirs, executors, administrators and assigns, knowingly and willingly waive any and all rights and claims for damages I may have against the persons or entities connected with this event, including the Gulf Coast Running Club or the Gulf Coast Bicycle Club, and I release and hold them harmless for any and all injuries sustained in connection with this event. I hereby grant full permission to use my name and image in any photographs, videotapes, motion pictures, recordings, broadcasts, or other record of this event. I further attest that I have read this waiver and intend to have a good time at this event.

*Signature Here*

Signature (Parent's signature if under 18 years) \_\_\_\_\_  
Name \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
Phone: \_\_\_\_\_

Email \_\_\_\_\_  
Road Bike \_\_\_\_\_ Mountain Bike \_\_\_\_\_  
Male \_\_\_\_\_ Female \_\_\_\_\_  
Age on Race Day \_\_\_\_\_  
Shirt Size (circle one):  
S M L XL

