

# GULF COAST RUNNING CLUB



## GULF COAST RUNNING CLUB MEMBERSHIP FORM

### GENERAL INFORMATION

The Gulf Coast Running Club (GCRC) is a non-profit organization whose primary purpose is the promotion and encouragement of running for physical fitness and health. The membership is comprised of men, women, and children of all ages representing a wide range of running experience. We administer road races, run/walks, children's runs, biathlons, triathlons, and social events for the general public in cooperation with various community organizations, agencies, and businesses.

Proceeds from GCRC races and membership fees are put back into the club to purchase or replace equipment, print, and mail monthly newsletters, race results, and calendar of events to members, and to purchase awards for special events. All work in promoting the club, putting on races, and managing the clubs' internal affairs is done by volunteers.

### ADDITIONAL INFORMATION

The GCRC hosts approximately 30 races a year across the Gulf Coast. We are always in need of volunteers to help in all areas of the Club. All members are encouraged to work at least two races per year. To volunteer, simply arrive early on race day and see Leonard.

### FOR MORE INFORMATION CONTACT:

Leonard Vergunst (Race Director) 228-380-7037  
 Angie Holmes (President) 228-216-3043  
[www.gulfcoastrunningclub.org](http://www.gulfcoastrunningclub.org)

### BENEFITS OF MEMBERSHIP INCLUDE:

- Reduced entry fee for GCRC events.
- Advanced mailing of entry forms.
- Monthly newsletters with all race results, running tips, and monthly regional calendars.
- Road Runners Club of America membership & insurance.
- Discounts for running merchandise at some local Athletic Stores.
- Family membership plan.
- Free buffet meal at clubs annual banquet.

### MAIL APPLICATIONS TO:

Gulf Coast Running Club • P. O. Drawer 3569 • Gulfport, MS 39505

Mail check or money order with the application to:

**Gulf Coast Running Club**  
**P.O. Drawer 3569**  
**Gulfport, MS 39505**

<input type="checkbox"/> New	<b>FOR OFFICE USE ONLY</b>	Computer No.
<input type="checkbox"/> Renewal		Expiration:
Date		

**Please Print**

\_\_\_\_\_  
 Last Name First Name Middle Initial

\_\_\_\_\_  
 Street Address

\_\_\_\_\_  
 City State Zip Code

\_\_\_\_\_  
 Date of Birth Age Sex Home Phone # Work Phone #

*FAMILY MEMBERSHIPS:* Please list additional family members.

Student (under 18) - \$15.00 \_\_\_\_\_  
 Individual - \$20.00 \_\_\_\_\_  
 Family - \$30.00 \_\_\_\_\_

Name	Age	Sex	Date Of Birth
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