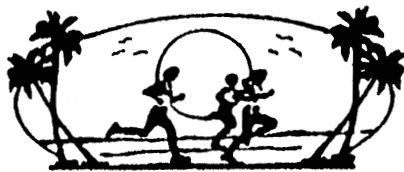


THE GULF COAST RUNNING CLUB SPRING 5K & 1 MILE RUN



Gulf Coast Running Club

SATURDAY • MARCH 6, 2021

WAR MEMORIAL PARK

PASS CHRISTIAN, MS



EARLY REGISTRATION

\$17.00 for GCRC Members

\$18.00 for Non-Members

\$10.00 for all children (age 12 and under)

Postmarked by March 1, 2021, only early registrants will be guaranteed a T-shirt on race day.

www.raceroster.com

AWARDS

T-SHIRTS TO ALL ENTRANTS

Awards go to the first Overall Male & Female winners, Masters Male & Female, Grand Masters Male & Female, Seniors Male & Female, and to the top three finishers in each division of the race. Awards also given to race walkers and children in the One Mile Fun Run (Age 10-12 & 9-under).

STARTING TIME

9:00 A.M. - 5K

9:45 A.M. - 1 Mile

LATE REGISTRATION

8:00 A.M. March 6, 2021 - \$20.00 for all participants. Race day at War Memorial Park.

FOR MORE INFORMATION CALL

LEONARD VERGUNST 228-380-7037

AGE DIVISIONS

MALE:

12 & U

13 - 18

19 - 24

25 - 29

30 - 34

35 - 39

40 - 44

45 - 49

50 - 54

55 - 59

60 - 64

65 - 69

70 - 79

80 & O

FEMALE:

12 & U

13 - 18

19 - 24

25 - 29

30 - 34

35 - 39

40 - 44

45 - 49

50 - 54

55 - 59

60 - 69

70 & O

RESULTS & INFO

WWW.GULFCOASTRUNNINGCLUB.ORG

2021 GCRC SPRING 5-K & 1 MILE HEALTH RUN/WALK



Gulf Coast Running Club

CHECK ONE

5-K Run

Mile Run/Walk

5-K Racewalker

T-SHIRT SIZES

Small Medium

Large X-Large

Child Medium

Make checks payable to:

Gulf Coast Running Club

P.O. Drawer 3569

Gulfport, MS 39505

(Checks are non-refundable)

REGISTER ONLINE AT WWW.RACEROSTER.COM

Name _____ Date of Birth _____

Address _____ Telephone _____

City _____ State _____ Zip _____ Sex _____ Age on Race Day _____

Email _____

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Gulf Coast Running Club, Inc., and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recording or any other record of this event for any legitimate purpose.

G.C.R.C. MEMBER:

YES NO

Date _____

Signature (Parent or Guardian if under 18) _____

