

43rd Annual MICHELOB ULTRA Gulf Coast Classic 10K & 5K Run

Saturday • April 9, 2022 • War Memorial Park • Pass Christian, MS

GENERAL INFORMATION

\$20.00 for GCRC members postmarked by April 4
 \$22.00, for non-members postmarked by April 4
 \$25.00 for all, after April 4
 \$15.00 for children

Late Registration: \$25.00
 April 9 - 7:00 a.m. - 8:00 a.m.

STARTING TIME

8:00 a.m. for 10K & 5K
 9:00 a.m. for 1 MILE KIDS RACE

EARLY REGISTRATION

Make checks payable and mail to:
The Gulf Coast Running Club
 P.O. Drawer 3569
 Gulfport, MS 39505

www.raceroster.com

FOR MORE INFORMATION CALL

Leonard Vergunst at (228) 380-7037

MS SENIOR OLYMPICS

10K RUN & 5K RACEWALK

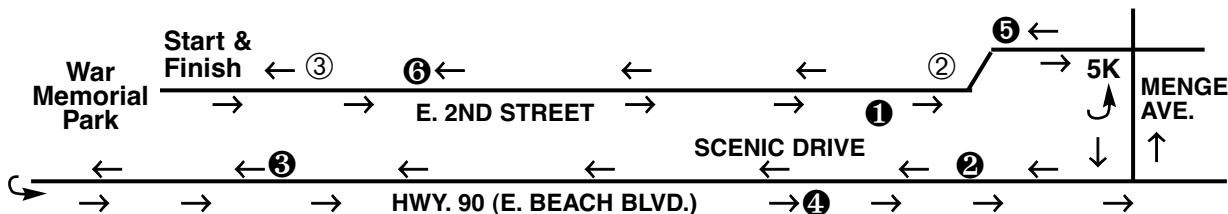
All Senior Olympic participants who wish to be eligible for additional Senior Olympic age awards and seniors shirts must also register online at:

www.msseniorolymp.org

*Racewalk: Strict racewalking rules applied.

COURSE

Out and back course. Enjoy the scenic view of the Gulf of Mexico as you run along Scenic Drive in Pass Christian. USATF Certified.



POST-RACE

After the run, there will be complimentary food, Michelob Ultra Beer (must be 21 yrs. of age), soft drinks and fruit.

T-SHIRTS

Beautifully designed T-shirts to all G.C.C. entrants.
 Senior Olympic runners receive different shirt.
 To receive both shirts, pay extra \$5 on race day.

10K AWARDS

Academy Sports Gift Cards

to all 10K overall categories.

\$150 1st Overall Male and Female
\$100 2nd Overall Male and Female
\$75 3rd Overall Male and Female
\$50 1st Overall Masters Male & Female

10K Trophies & 5K Medals to the top 3 finishers in the following age groups.

MEN			WOMEN		
12 & U	35-39	55-59	12 & U	30-34	50-54
13-18	40-44	60-64	13-18	35-39	55-59
19-24	45-49	65-69	19-24	40-44	60-69
25-29	45-49	70-79	25-29	45-49	70 & Over
30-34	50-54	80 & Over			

5K AWARDS

Trophies to the Top 3 Overall Male & Female
Medals to the Top 3 Male & Female Race Walkers

MS SENIOR OLYMPICS AWARDS

Separate awards given to Top 3 Male & Female over age 50 – 5 Year age groups in the 10K run and the 5K racewalk

1 MILE AWARDS

Trophies to the Top 3 Overall Children Male and Female, 10-12 & 9 and Under

Scissors icon: Detach Completed Entry Form Here

The 2022 Gulf Coast Classic 10K & 5K Run

MAKE CHECKS PAYABLE TO:
 Gulf Coast Running Club
 P.O. Drawer 3569
 Gulfport, MS 39505
 (Checks are non-refundable)

T-SHIRT SIZES

Small Medium X-Large
 Large Child Medium

CHECK ONE

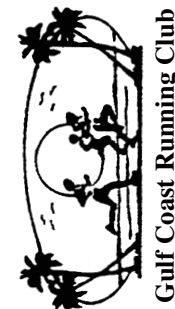
10K Run 1 Mile Kids
 5K Run 5K Race Walker
www.raceroster.com

Name _____ Date of Birth _____
 Address _____ Telephone _____
 City _____ State _____ Zip _____ Sex _____ Age on Race Day _____
 Email _____

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including, but not limited to: falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Gulf Coast Running Club, Inc., the Federal Government, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recording or any other record of this event for any legitimate purpose.

 Signature (Parent or Guardian if under 18)

 Date



G.C.R.C. MEMBER:

YES NO



Gulf Coast Running Club
P.O. Drawer 3569
Gulfport, MS 39505




Michelob.
ULTRA

43RD ANNUAL

**Gulf
Coast
Classic**

**10K &
5 K**



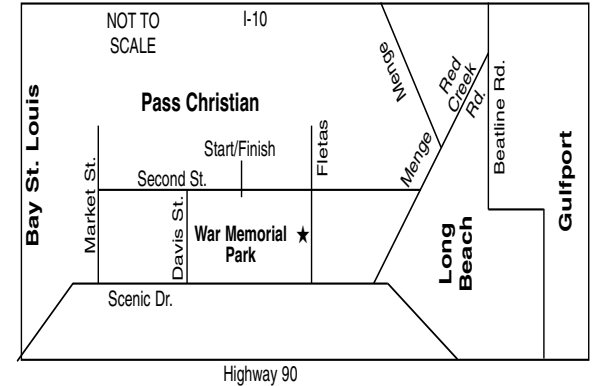
& MS SENIOR OLYMPICS

**SATURDAY,
APRIL 9, 2022**

**War Memorial Park
Pass Christian, MS**

How To Find the Race

← **Long Beach** **Gulfport** **Biloxi** →



Gulf Coast Classic 10K (Men) Winners:

1979	Richard Mantooth	33:14	2000	Yousri Elmejdoubi	31:59
1980	Mike Heath	30:22	2001	Everett Whiteside	30:46
1981	Vic Holman	33:36	2002	Yousri Elmejdoubi	31:00
1982	Desmond O'Connor	30:45	2003	Kemei Kipkono	31:08
1983	Desmond O'Connor	30:37	2004	Yousri Elmejdoubi	30:23
1984	Desmond O'Connor	30:35	2005	Rocky Silva	34:54
1985	Mike Mullen	30:54	2006	Bryan Smith	35:20
1986	Ian Wilkinson	30:25	2007	Max Lemons	35:52
1987	Mike Mullen	31:59	2008	Gilbert Liptoo	32:01
1988	Mike Mullen	30:39	2009	Richard Ondimu	32:10
1989	Sabastian Junger	--	2010	Kyle Lewis	31:50
1990	Jack Ditt	31:14	2011	Vincent Rono	33:39
1991	David Keen	--	2012	William Swick	36:12
1992	Todd Wells	30:40	2013	Micah Tirop	32:45
1993	Mike Mullen	31:11	2014	Leonard Vergunst	37:49
1994	Tom McGrath	31:04	2015	Brennan Barlow	36:09
1995	Reuben Njau	31:03	2016	Gerard Jarvis	36:39
1996	Drew Prisner	31:33	2017	Brennan Barlow	38:08
1997	Chuck Engle	32:16	2018	Josh Pittman	38:05
1998	Everett Whiteside	31:04	2019	Kevin Cooley	37:34
1999	Rudolf Jun	31:47	2021	Blaine Sullivan	36:40

Gulf Coast Classic 10K (Women) Winners:

1979	Sally O'Neal	41:59	2000	Kristin Vergunst	45:21
1980	Laura Heath	38:06	2001	Connie Robertson	38:09
1981	Kathy Bressler	38:08	2002	Jessica Tranchina	39:12
1982	Patti Harris	41:58	2003	Connie Robertson	38:54
1983	Ginny Hornberger	39:57	2004	Connie Robertson	39:57
1984	Barbara Ross	42:24	2005	Connie Robertson	39:24
1985	Marie Ishee	42:12	2006	Connie Robertson	42:20
1986	Ginny Hornberger	37:19	2007	Jennifer Plante	42:26
1987	Charlene Locklear	38:08	2008	Sheryl Chatfield	41:36
1988	Lori Lazzari	37:47	2009	Anna Hallex	38:46
1989	Lisa Reed	--	2010	Leah Watters	38:58
1990	Lisa Presedo	34:39	2011	Leah Watters	39:03
1991	Lisa Presedo	--	2012	Leah Watters	38:15
1992	Lisa Presedo	36:37	2013	Jacqueline Sasaki	38:48
1993	Susann Pierce	38:12	2014	Leah Watters	41:18
1994	Keri Ange	35:50	2015	Megan Davis	44:26
1995	Keri Ange	37:03	2016	Meggan Franks	38:04
1996	Susan Maloy	36:25	2017	Catherine Williams	40:17
1997	Stacey Mosely	38:07	2018	Mikayla Walters	44:48
1998	Alice Snoot	38:37	2019	Leah Watters	39:23
1999	Sherrie Keim	37:37	2021	Sarah Taylor	44:09

**For Additional Applications or Race Results
Check Our Website:
www.GulfCoastRunningClub.org**