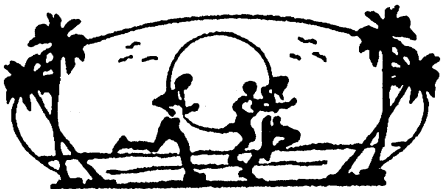


Pass Christian, Mississippi

August 5, 2023

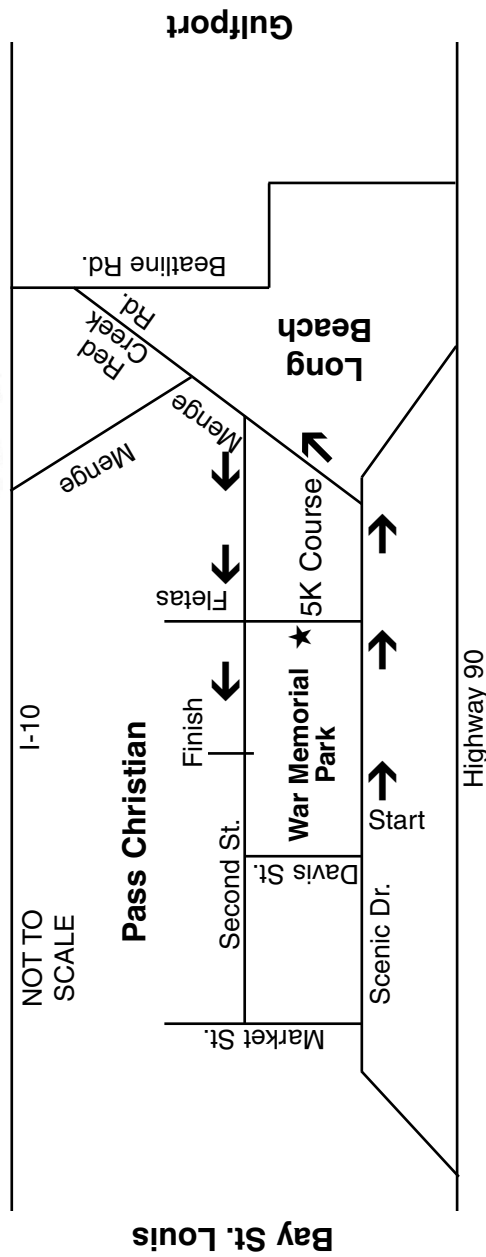
8:00 a.m.
Highway 90
Pass Christian, MS War
Memorial Park



Gulf Coast Running Club

For More Information Call
Leonard (228) 380-7037

www.gulfcoastrunningclub.org



Announcing the 35th Annual Summer Beach 5K Run - August 5, 2023 Details inside.
For additional registration forms and race results, check our Web site:
www.GULFCOASTRUNNINGCLUB.org

35th ANNUAL SUMMER BEACH RUN



DATE
August 5, 2023

TIME
8:00 a.m. – 5K
8:45 a.m. – 1 MILE

PLACE

Race starts at the War Memorial Park in Pass Christian. See map.

PARKING

Free parking is available around the park.

COURSE

Flat and Fast loop course.
USATF Certified MS22009MS

ELIGIBILITY

The race is open to runners, joggers, race walkers, walkers, wheelchair participants of all ages and abilities.

REGISTRATION

EARLY: Postmarked by August 1
LATE: Available at race site from 7 a.m. to 7:45 a.m. Saturday morning.
Register online at www.raceroster.com

ENTRY FEE

EARLY: \$20.00 GCRC Members
\$22.00 Non-Members
\$15.00 for Children under 12 (1 Mile)
LATE: \$25.00 for All Runners in 5K
\$15.00 for Children under 12 (1 Mile)

POST RACE

Food, fruit, soda, and beer after the race.

SHIRTS

PRE-REGISTER TO BE GUARANTEED TO RECEIVE A BEAUTIFULLY DESIGNED TANK TOP SHIRT.

5K GIFT CARD AWARDS

\$150 1st Overall Male and Female
\$100 2nd Overall Male and Female
\$ 50 3rd Overall Male and Female

BEACH TOWELS

First 3 Overall Male & Female
First Overall Master Male & Female
First Overall Grand Master Male & Female
First Overall Seniors Male & Female

AWARDS

TOP 3 - IN EACH AGE GROUP

MALE: 1-12, 13-18, 19-24, 25-29, 30-34,
35-39, 40-44, 45-49, 50-54, 55-59,
60-64, 65-69, 70-79, 80 & Over
FEMALE: 1-12, 13-18, 19-24, 25-29, 30-34,
35-39, 40-44, 45-49, 50-54, 55-59,
60-64, 65-69, 70 & Over

First 3 Racewalkers Male & Female

1 MILE AWARDS

First 3 Overall age 12 - 10 Male & Female
First 3 Overall 9 & Under Male & Female



35th ANNUAL SUMMER BEACH RUN - AUGUST 5, 2023 CHECK ONE

- Pre-Register GCRC Member - \$20.00 Late/Race Day Entry - \$25.00
 Pre-Register Non-Members - \$22.00 Under 12 in 1 Mile Run - \$15.00
 Pre-Register Under 12 in 1 Mile Run - \$15.00

Make checks payable to: Gulf Coast Running Club • P.O. Drawer 3569 • Gulfport, MS 39505 (Checks are non-refundable)

Gulf Coast Running Club

G.C.R.C. MEMBER:
 YES NO

CHECK ONE

- 5 K Run 5 K Race Walker
 1 Mile Run/Walk Wheelchair

T-SHIRT SIZES

- Small Medium Child Medium
 Large X-Large

REGISTER ONLINE AT WWW.RACEROSTER.COM

NAME _____ **DATE OF BIRTH** _____
ADDRESS _____ **PHONE** _____
CITY _____ **STATE** _____ **ZIP** _____ **SEX** _____ **AGE ON RACE DAY** _____
EMAIL _____



I know that running a road race is a potentially hazardous activity. I should not enter and run, unless I am medically able and properly trained. I agree to abide by any decision of the race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including, but not limited to: falls; contact with other participants; the effects of the weather, including heat and/or humidity, traffic and the conditions of the road; all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Gulf Coast Running Club, Inc. and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in this event. I grant permission to all of the foregoing to use any photograph, motion pictures, recording or any other record of this event for any legitimate purpose.

Date

Signature (Parent or Guardian if under 18)