Hosted By

Gulf Coast Running Club

Disability Connection

THE CITY OF BILOXI

Invites you to the 38th Annual

ARBOR DAY

5K & 1/4M Run/Walk/Roll & DISABILITY CHALLENGE

SATURDAY, FEBRUARY 28, 2026

Biloxi MS • Point Cadet Park • 121 Cadet St

Biloxi established 1699

USA TRACK&FIELD Certified Course

Early Registration

$20.00 for GCRC Members
$22.00 for Non-Members
$15.00 for all children (age 12 and under)
Postmarked by February 19, 2026. Make checks payable to:
GULF COAST RUNNING CLUB
P.O. Drawer 3569 · Gulfport, MS 39505
Be sure to include both check and registration form in your envelope.
Register online: runsignup.com/BiloxiArborDay5k

Starting Time

5-K – 9:00 A.M.
1/4 Mile – 9:45 A.M.

Late Registration

Registration will begin at least 1 hour before race time at Point Cadet Park. $25.00 for all on race day except children 12 & under in the 1/4 Mile.

More Information

GULFCOASTRUNNINGCLUB.ORG
LEONARD VERGUNST 228-380-7037
JANIE O'KEEFE 228-604-4020
Office@DisabilityConnection.org

Awards

T-SHIRTS GUARANTEED TO PRE-REGISTRANTS ONLY
Trophies go to the Top Three Overall Male and Females, First Overall Masters Male and Female, and First Overall Grand Masters Male and Female, Seniors Male and Female, and to the top three finishers in the usual 5 year age divisions. Also trophies for the first three Male & Female Racewalkers, medals to all runners with disabilities and trophies to the first 3 boys and girls in the 1/4-mile race. Ages (10-12) & (9 & under).

Disability Connection

The Arbor Day Run/Walk/Roll is a charity event. Proceeds benefit the programs of Disability Connection, a 501 c 3 Nonprofit Corporation founded in 2002. Programs include Community Assist, a variety of MS Coast Community Resource Guides, Supported Employment, and events such as the Art Ability Fair.
Visit www.DisabilityConnection.org to explore DC's MS Heritage Information Center and see DC' newest MS Coast Community Resource Guides which are interactive and downloadable.
Join DC's social network... "Like" our Facebook business page Disability Connection; Join our Disability Group Page Disability Connection a project of O'Keefe Educational Media; Follow us on Twitter: @ DisableConnect; Join our monthly e-newsletter. (228) 604-4020.

2026 ARBOR DAY 5K & 1/4 MILE HEALTH RUN/WALK/ROLL

Gulf Coast Running Club

RRCA ROAD RUNNERS CLUB OF AMERICA

Disability Connection

G.C.R.C. MEMBER:
❑ YES ❑ NO
gcrcmembers.org

CHECK ONE
❑ 5K Run
❑ 5K Racewalker
1/4 M Run/Walk
1/4 Mile Disability Run

runsignup.com

T-SHIRT SIZES
❑ Small ❑ Medium
❑ Large ❑ X-Large
❑ Child's Medium
❑ XX Large

Make checks payable to:
Gulf Coast Running Club
P.O. Drawer 3569
Gulfport, MS 39505
(Checks are non-refundable)

Name _____ Date of Birth _____

Address _____ Telephone _____

City _____ State _____ Zip _____ Sex ____ Age on Race Day _____

Email _____

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Gulf Coast Running Club, Inc., O'Keefe Educational Media, Inc., and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recording or any other record of this event for any legitimate purpose.

Date _____ Signature (Parent or Guardian if under 18) _____