21st Annual

YAK – A – DU KAYAK DUATHLON

2 MILE RUN - 2 MILE KAYAK - 2 MILE RUN

SATURDAY, AUGUST 29, 2026
LONG BEACH, MS
WOLF RIVER CANOES 8:00A.M.

General Info: Consists of individuals running 2 miles (1M up Tucker Road and back), then kayaking 2 miles (1M mile south on Wolf River and back), and then doing the 2-mile out and back run on Tucker Road again. This is a solo event only. No teams or relays for the Yak-A-Du.

Cost: $20 pre-registered, $25 race day. Includes T-shirts for all participants & volunteers. Remainder covers refreshments & awards. Register at runsignup.com/yakadu or by mail, or in-person on race day beginning at 7am.

Place: Wolf River Canoes, 21652 Tucker Road, Long Beach, MS. DIRECTIONS: Take I-10 Exit 28 (the Long Beach-Pass Christian exit) and go south. Cross RR tracks after about 1 mile and bear right onto Red Creek Road until you see the Wolf River Canoe sign – that's Tucker Road. Follow to the end (21652 Tucker Rd).

Kayaks/canoes: Reservations are available at 228-452-7666. Rental cost is in addition to the entry fee. Bring your own kayak or borrow one to avoid this additional cost. Double-bladed paddles are allowed with any type of kayak or canoe.

Awards: Top 3 overall males & females, plus top masters, grandmasters & seniors; also, top 2 in the 5-year age groups. Additional awards may be given depending on the number of participants and supply of awards.

Online: Post-race results and pictures to be posted at gulfcoastrunningclub.org

Info: Leonard Vergunst at 228-380-7037

2026 YAK A DU Kayak Duathlon

Gulf Coast Running Club
P.O. Drawer 3569
Gulfport, MS 39505

runsignup.com/yakadu

Name_____

Address_____

City/State/Zip_____

Phone_____

Email_____

I agree to abide by the rules of the race. I agree not to hold the Gulf Coast Running Club, Wolf River Canoes, or any volunteer responsible for any injury or death that might occur.

SIGNATURE_____